**SOS Student Letter**

Date: September 19, 2022

Dear 7th Graders:

Our school is participating in SOS Signs of Suicide which teaches warning signs for suicide and how to ACT (*Acknowledge, Care, Tell*) to get help if you are worried about yourself or a friend.

In class, we will watch SOS video clips and discuss them together. Following the videos, all students will complete a response slip asking if they would like to speak to an adult. After class, we will check in with any student who wants to talk. We will also be contacting some students for feedback about the program.

We hope that our class discussion will give students an opportunity to share their questions, concerns, and ideas. But if anyone finds the discussion difficult, they will not be required to participate. Students will be able to take a break if needed, and counselors will be available to help anyone who is having a tough time.

I am sending a letter about the program and some information about suicide prevention to your parents. I hope you get the chance to talk with them about SOS. If you have any questions or concerns about participating in the program, you can talk with any of the following, the school Principal Mr. Brion, School Counselor Mrs. Stevens or Mrs. Gibble, or the school social worker Kathy Morris.

Sincerely,

*Mr. Brion Mrs. Stevens Mrs. Gibble Kathy Morris*

School Principal School Counselor School Counselor School Social Worker